

Robert E. Arrington
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Cedartown, GA 30125

May 21, 2013

Essential Source, Inc.
625 Deer Valley Road
Suite 103-152
Phoenix, AZ 85027

Subject:NopaVera

Dear Sir/Madam:

I, Robert E. Arrington, started using NOPAVERA on April 12, 2013. After a few weeks, the inflammation in my knees was greatly diminished. Prior to taking NOPAVERA, my knees were red, warm to touch and painful. Six weeks into the program, I'm no longer taking any pain medication. The pain is not completely gone but is manageable without even Tylenol Arthritis or Aleve.

I thank Healthy Touch Whole Health Care, Rome, GA for introducing me to this product.

I would certainly recommend NOPAVERA to anyone dealing with inflammation and pain.

Sincerely,



Robert Arrington

.cc. Howard Elrod, Healthy Touch Whole Health Care